

CCD at Home: Sacramental Prep for First Holy Communion 2020
St. Stephen Catholic Church, Portland, Oregon

Name the 7 Sacraments: Baptism, Confirmation, Eucharist, Penance, Matrimony, Holy Orders, Extreme Unction (aka. Anointing of the Sick).

Name the 2 Sacraments of the dead: Baptism and Penance

Name the 5 Sacraments of the living: Confirmation, Eucharist, Matrimony, Holy Orders, Extreme Unction.

Name the Matter for the Eucharist: Bread and Wine

Name the Form for the Eucharist:

- “For This is My Body.”
- “For this is the Chalice of My Blood of the new and eternal testament, the mystery of Faith; which shall be shed for you and for many unto the remission of sins.”

Name the minister of the Eucharist: the Priest

Define the Eucharist: The Holy Eucharist is a sacrament and a sacrifice in which Our Saviour Jesus Christ, body and blood, soul and divinity, is contained, offered and received under the appearances of bread and wine.

What is a sacrifice? A sacrifice is something that a priest offers to God. The thing offered is called a victim (a hostiam or host). Everything comes from God, including our life. We give thanks to God for all His gifts and we offer something back to Him.

How is the Mass a sacrifice? Jesus is the Priest who offers Himself to God. It is a re-presentation of his crucifixion, death, burial and resurrection.

What is signified by the offering of the Host: The Crucifixion of Jesus Christ

What is signified by the offering of the Chalice: The Death of Jesus Christ

What is signified by the co-mingling of the Host back into the Chalice: The Resurrection of Jesus Christ.

When did Christ institute the Holy Eucharist? On Holy Thursday at the Last Supper with His 12 Apostles. He presented the sacrifice in advance in the form of a sacrament.

Explain the word ‘transubstantiation’: At Mass, at the words of consecration, transubstantiation takes place; that is, the entire substance of the bread and wine is changed into our Lord’s Body and Blood. The appearances of bread and wine remain. The consecrated Host still looks, tastes, smells, and feels like bread. The Precious Blood in the chalice still looks, smells, and tastes like wine, but there is no longer any bread or wine but only Christ’s Body and Blood, Soul and Divinity.

What about the smallest particle of the Host or the smallest drop of wine? Even these are the entire Body and Blood, Soul and Divinity of Jesus Christ, to be adored and treated with great care and reverence.

How do we adore the Eucharist? We give the same adoration and honor due to God Himself. We cover the tabernacle with a veil. We keep the sanctuary lamp burning. We genuflect when we enter and exit the church and when we pass by the Blessed Sacrament. We keep the altar linens clean.

How should we behave in the church? We avoid running or playing in the church. We avoid having conversations in the church or unnecessary talking. We listen in the silence to God who wishes to speak to us.

How should we dress when we come to church? We dress respectfully when we come to the church. Many Ladies and girls cover their heads with a beautiful veil or hat. Gentlemen and boys remove their hats when they come into the church. We don't dress for the beach or for a picnic. We should dress to be presented to the King.

Name the ends (purposes) of the Mass: Adoration, thanksgiving, petition, and satisfaction. We adore God; we thank Him; we ask Him for His blessings; we satisfy the justice of God for the sins committed against Him.

Name the fruits of the Mass: Grace to repent of mortal sin. Forgiveness of venial sins for those already in the state of grace; Remission of the temporal punishment due to sin.

Who benefits and receives the fruits of the Mass? a. the priest who celebrates the Mass; b. the person or persons for whom the Mass is offered; c. Those who assist (attend and participate) at the Mass; d. Those for whom the faithful present pray and offer the Mass in union with the priest.

How do we assist at Mass? Remember that the Mass is God's work and we assist Him in His work. We attend Mass and pay attention. We avoid distractions. We can follow the prayers in the Missal. We unite our minds and hearts with all that is done at Mass and with all who are attending Mass here and throughout the world and even in heaven. Boys may serve at the altar. One may also pray the Rosary meditating upon the life, death, and resurrection of Jesus Christ, especially the Sorrowful Mysteries which are made present in the Mass.